



## SUMMER CAMP PARTICIPANT INFORMATION



**Time to Pack the Bags!** Please freshly launder and dry on high heat all bedding (including pillows) before packing them. It is best to label everything (socks & underwear too!) with camper name! Additional items for some programs are listed on the back page.\*\*\*

### Camper Equipment list for five night stay

Water bottle	Day backpack/Book bag
Socks (9 pair)	Waterproof boots
Underwear (daily change)	Shoes/Sneakers/Boots (2 Pair)
Long pants (2-3 pair)	Swimsuits (one piece)*
Shorts (3-4 pair)	Pajamas
Shirts (daily change +1 or 2)	Hat/Sun visor
Sweater/Sweatshirt (1 or 2)	Rain gear (poncho or rain coat)
Warm jacket	Slippers for use in sleeping space

**Remember camp is a place for exploring and playing hard. Campers should be able to get wet and dirty without undue concern for clothing. Old clothes are the best option.**

Laundry bag labeled with child's name	Bible* camp has for campers without
Freshly Laundered Sleeping bag** or 3 blankets	Health & Permission Forms*
Freshly Laundered Extra blanket** for cool nights	Medications* in original containers
Freshly Laundered Sheets**	Flashlight/Fresh batteries
Fitted sheet for mattress & flat sheet for hot nights	
Freshly Laundered Pillow & pillowcase**	Pencils/Pen/Notebook
Towels (2)/Washcloth**	Sunscreen
Soap & Soapbox	Insect repellent*
Toothbrush/Toothpaste	Book for rest time
Shampoo	Brush/Comb
Pre-addressed, stamped envelopes	Stationery/Stamps
An outfit (including footwear) that can get REALLY MESSY/MUDDY	

\*\*Freshly Laundered

**Alumni campers: Your Wanake Nametag & Pins from a prior year(s)**

### Optional

Camera/film	Sunglasses	Items for the Mission Project*
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\* = More information is located later in this document, read on.

Wanake and the Wanake staff are not responsible for the loss or destruction of campers' personal property/vehicles/sports equipment/animals. **Please do not send valuable items with campers to camp.**

### Leave at Home

Cell phone/Valuables
Ipod/MP3/lpad/laptop
Hair dryers/Curling irons
Expensive clothing/Bikini
Vehicles/Animals
Video games/Electronic devices
Weapons/Fireworks
Tobacco/Drugs/Alcohol products
Food/Candy/Snacks

**Other items which detract from your full participation in camp**

**For All Programs that include horseback riding lessons or activities —Bring these Additional Items for your safety: (It is helpful, but not required for a horse ride or trail ride.)**

- Heeled boot or shoe made of thick materials with a smooth sole. The heel must be at least a 1/4 inch high.—If you do not already have a heeled boot that matches this description, check a local thrift store. Wanake also has a boot bank for lending campers boots at camp.
- Long pants and short sleeved shirts to wear when riding
- Activity Participation Agreement (See right column for details.) ⇨
- Optional: Your own Horse Riding Helmet. (Wanake supplies helmets.)

**Dress Code:** We ask that all clothing be modest & free of mottos, sayings, or advertisements that conflict with a spirit of Christian community (offensive language, drug promotion, sexual innuendo, etc.). All clothing should cover one's underclothing completely and be of a proper fit for active wear. Swim trunks are required for males & one piece swimsuits (tankinis are fine) for females. Your cooperation will aid in a successful week.

**A Note About Insect Repellent and Mosquitoes—**All insect repellent is not created equal! Purchase insect repellent that has deet content and does not smell "fruity or flowery." We find that good smelling repellent attracts rather than repels! Bounce dryer sheets work well to keep mosquitoes away! Try drying clothing coming to camp in Bounce and placing dryer sheets in your camper's luggage. Repellents do not have like effects on each person, so Wanake has other options available for campers at no charge. Know that Wanake takes many steps, including work with community, county and state agencies, to alleviate mosquitoes but the best protection for your child is to use repellent.

### Check-In Days and Times

- Check-in for campers living at The Wanake Ranch, The Survival Cabin or The Rock Lodge, Day Campers, Compact, Discovery & Just Horsing Around campers, and all campers in grades 7-12 living anywhere at Wanake is on **Sunday at 3:00 PM.**
- Check-in for campers in grades 1-6 living in cabins or retreat centers is on **Sunday at 3:30PM.**
- Wednesday start programs check in on **Wednesdays at 3:00 PM.** (Discovery and Just Horsing Around)
- At check-in, your will sign campers in, register for Friday's Family pizza party & participate in health screening & lice check.
- All check-in takes place in and near the Dining Hall.

**If you bring multiple campers with different check in times, we will check everyone in at the same time. ☺**

### Closing Parent Program and Check-Out

- Closing program for families and friends of all campers not participating in the horse show, takes place **Fridays from 4:30-5:15 PM.**
- Closing Horse Show for the following programs takes place at the Ranch **Fridays from 2:45-4:00 PM:** Horse Lovers, Ranch Camp, Wrangler Week, Saddle Up, Splash & Saddle, & Horse Day Camp.
- Tuesday ending Compact, Discovery and Just Horsing Around programs take place on **Tuesdays at 4:30PM.**
- **Parents/Guardians or a parent-designated person must sign the camper out.** Campers will not be released to individuals other than the person(s) designated on the check-in form without prior notice by parent/guardian.
- **Wagon tours of camp** will be available directly following each parent program throughout the week. The **Wanake camp store** will also be open at this time.
- **On Fridays an optional Family Celebration Pizza Party** directly follows the closing program at 5:15 PM. Reservations are required and may be made and paid for at check-in. The charge is \$6 for adults, \$4 for children ages 4 -18, & free for children under 4 years old. **Campers eat free!**

**If you will need to arrive earlier or later for check-in or check-out, please make special arrangements with the Wanake office at least 48-hours in advance.**

### Permission Forms

- If you registered on-line, all the required forms were completed when you registered and you will enjoy paperless check in.
- If you registered any other way, you may create an on-line account, complete all the required forms and enjoy paperless check-in.
- If you wish to complete forms by paper, you may print them from the Wanake website or request them from the Wanake office.

**Bibles** are provided for any camper who does not have one. Contact the Wanake office to have one at check in for your camper.

Consider Wanake for your next family reunion or group event. Contact Wanake for details.

## Health Care and Special Diets at Camp

- Campers may only attend with a completed, signed health form.
- Health care is provided through the on-site health director and all staff have training in their health care responsibilities. Staff follows Camp Doctor's standing orders for minor illness & injury, including first aid and over-the-counter medications.
- A parent/guardian will be contacted when the Health Director determines that a camper requires treatment outside the camp's Health Center. The camp will attempt to contact a parent/guardian prior to transporting campers but will not delay urgent care if a parent/guardian cannot be reached. A parent/guardian will receive notification if their camper receives any injuries or contracts any illnesses which may require further treatment/follow-up care after camp.
- At check-in all medications (prescription & non-prescription) will be collected by the Health Staff. All medication, whether prescription or over-the-counter, must be in the original containers labeled with camper's name. All medications are kept locked in the Health Center or a medical lock box and are administered by medical staff. The Health Director monitors campers to make sure medications are taken as prescribed and that health care needs are met.

**Please notify Wanake at least three (3) weeks prior to your camper's event if your camper has special medical and/or special dietary needs. This will give Wanake staff time to prepare.**

- **All medication**, whether prescription or over-the-counter (including vitamins), must be in **original containers labeled with camper's name.**
- **All medication** is kept & administered by medical staff.

## Get Acquainted and Parent-Staff Information Form

- If you registered online you have already completed these forms. Thank you! If you registered by mail you can still go into the online system and fill out the camper get acquainted and parent-staff information form.
- If you have received this by US mail, please take a few minutes to read and fill out the enclosed forms about your camper and send them to Wanake *prior* to your child's arrival at camp.
- If you are more comfortable sharing information by phone or in person, please contact Julie Lutt or Emily Cook at Wanake.

## The Wanake Camp Store and Money

- The Wanake Camp Store sells a variety of items and is open Sunday during Check-in and Friday after the closing Parent Program.
- Please note: The Camp Store will be open only when parents are present. **Campers will not need to have cash or bank money at check-in.**

## Specialty Camps: Additional Items to Bring\*\*\*

- **Items for the Wanake Craft Cabin, used or new:** bailing twine, yarn, crayons, old/used/new candles, markers, card stock, paint, embroidery floss, paper, beads, string/lacing, scissors, duct tape, tie dye, white t-shirts, horseback riding boots, tuna cans, etc.
- **All American Baseball:** ball glove & baseball cap, white t-shirt for tie dye
- **Artist in Residence & Craft Draw Paint:** sketchbook, favorite art supplies, as desired
- **Authors & Readers Vacation:** favorite book, journal
- **Fashion Spa:** Make-up, hair dryer/curling iron, nail polish, formal dinner outfit, white t-shirt for tie dye
- **Man Camp:** fishing pole and tackle box if able, baseball cap
- **Moonlight Madness & Night Games:** Extra warm clothes for the evening/night, a red light option flashlight (if able), and anything that glows in the dark!
- **Olympics:** shin pads if able
- **Pool Dayz, Pool Pizzazz, Splash & Saddle, Wet & Wild:** extra swimsuit & towels
- **Ultimate Adventure:** backpack, hiking shoes, water shoes (if able)

## CONTACT US

**Julie Lutt, Director; Emily Cook, Guest Services Manager  
Krystal Kester, Food Service Manager; Tina Carr, Ranch Manager  
330-756-2333 — info@campwanake.org  
www.campwanake.org**

## My Child is at Camp: What should I do?

- Pray for your child's experience.
- Please **don't phone** your child as contact with home tends to heighten adjustment problems. If there is an **emergency**, your message will be conveyed through the Director. Likewise, staff will contact a parent/guardian if there is an emergency or particular concern about the camper.
- **Write letters.** Remember, it can take a few days for a letter to get to the site, so write letters early — even before your camper leaves home. **Wanake is happy to take letters on check-in day to be delivered later in the week!**
- **Please do NOT send packages**, especially food, candy, or snacks as they disrupt camp and attract rodents & insects.
- To send an **e-mail** to your child at camp, follow these instructions: (1) Send the e-mail to [mycamper@campwanake.org](mailto:mycamper@campwanake.org). (2) At the top of the body of the e-mail, include your camper's full name, name of their program, and day of the week you want the e-mail delivered. (3) Each camper may receive up to 5 e-mails per week. (4) E-mails sent after 12pm (noon) will be delivered the following day. Counselors pick up camper mail after lunch.
- **Visits.** Parents, family and friends are welcome to visit the site on the **first and last** days of the camping week.

**Homesickness** — is part of the adjustment some children make in being away from home and family. **We are sensitive to homesick campers and "camper sick" parents, and work hard to support families through the adjustment.** As camping and youth development professionals, we want your child to develop independence in a healthy, safe way. Working together we can make your camper's experience a successful one.

- Encourage your camper by sharing with them how much fun their week of camp will be. Tell them how proud you are of them for taking this step. Share with them that their counselor and camp director are here to help them have fun, make new friends, and grow in their faith. Encourage them to discuss their feelings with the camp staff, if they are feeling scared, homesick, or bad in any way. Tell them you are looking forward to seeing them at the parent program on the last day of camp.
- Studies show that campers who practice being away from home experience fewer or less dramatic symptoms. Wanake has found that bringing a favorite stuffed animal is also helpful.
- Let your camper know that we are unable to allow campers to call home. Please don't tell a camper "if you want to come home, call me and I'll come get you." This negative empowerment teaches children to run from problems. We call parents if homesickness becomes a concern.

## Mission Project 2018:

### Branching Out with the Gift of Trees

- In 2017 Wanake campers exceeded their \$500 goal with \$740, purchasing a cow for a family. Giving an animal is like giving someone a small business and daily nutrition. The cow provides a family a hand up, increasing access to school, food, medicine, and a sustainable livelihood. Families then pass on the gift to other families in need.
- For 2018 in conjunction with our theme of "Branching Out" Wanake campers will seek to give the gift of tree saplings and a Basic Necessities Basket with Heifer Project—an \$800 goal!
- A Basic Necessities Basket is a one-of-a-kind gift basket that provides families with the gifts of clean water, a healthy home and a boost of nutrition.
- Wanake will also partner with UMCOR (United Methodist Committee on Relief) to provide health kits to those in disaster and/or poverty areas. Campers may bring the following items to camp: hand towels, washcloths, 6+ comb, metal nail file, nail clippers, bath soap, adult toothbrush, and BandAids.

## Visit Wanake and See Camper Living Spaces

- Saturday, April 7, 2018 (Resurrection Egg Hunt & Camp Preview Day)
- Schedule a visit & tour any time. Contact the Wanake office by phone or e-mail.
- Visit Wanake on the web for photos and more information.