

HORSE DAY CAMP PARTICIPANT INFORMATION



PLEASE READ THIS PREPARATION GUIDE CAREFULLY!

Time to Get Ready!

Wanake suggests that day campers wear appropriate clothing each day for camp activities and bring swimming and horseback riding gear and other items that may be needed in a small bag or backpack. Please label all clothing and equipment with the child's name or initials. This will assist Wanake in keeping your child's property "found."

Dress your child for each day as follows:

- Comfortable outdoor clothing that can get dirty.
- Clothing in layers, as it may be chilly in the morning and heat up during the day. (For example, shorts under sweatpants, a t-shirt under a jacket, etc.)
- Proper attire for being with and riding the horses:
 - Heeled boot or shoe made of thick materials with a smooth sole. The heel must be at least a 1/4 inch high.—If you do not already have a heeled boot or shoe that matches this description, check a local thrift store or try a boy's dress shoe.
 - Long pants to wear when riding to protect your legs.
- Shoes or comfortable boots that cover the toes with socks.

Remember: camp is a place for exploring and playing hard. Campers should be able to get wet and dirty without undue concern for clothing. Old clothes are the best option.

Send a backpack or small bag each day with the following items:

- Water bottle
 - Jacket
 - Swimsuit
 - Towel
 - Hat or visor
 - Sun screen
 - Insect repellent*
 - Rain gear
 - Bible*
 - Extra socks
 - Wanake Nametag
 - Clothing for horseback riding
- On Sunday remember to bring:**
- Health Form & Signed Horse Agreement —if you didn't fill it out on line.
 - Any Medications that will be taken on site during day camp
 - Alumni campers: Wear Your Wanake Nametag with Pin(s)
- Your child may wish to bring:**
- Sunglasses
 - Camera/Film
 - Their Own Horse Riding Helmet
 - Items for the mission project* & craft cabin*

Wanake and the Wanake staff are not responsible for the loss or destruction of campers' personal property/vehicles/sports equipment/animals. Please do not send valuable items with campers to camp.

Please do not send:

- Cell phone/Valuables
- Radio/CD/Tape player/Ipod/MP3
- Video games/Electronic devices
- Expensive clothing/Bikini
- Other items which detract from your full participation in camp
- Food/Candy/Snacks
- Aerosol cans
- Weapons/Fireworks
- Tobacco/Drugs/Alcohol

Dress Code: We ask that all clothing be modest and free of mottos, sayings, or advertisements that conflict with a spirit of Christian community. (offensive language, drug promotion, sexual innuendo, etc.) All clothing should cover one's underclothing completely and be of a proper fit for active wear. Swim trunks are required for males and one piece swimsuits (tankinis are fine) for females. Your cooperation will aid in a successful week.

Check-In Days and Times

- Check-in is on Sunday at 2:45 PM at the Dining Hall and will take anywhere from half an hour to an hour.
- At check-in, you sign campers in, register for Friday's meal, and go through health screening and a lice check.
- If you register on line or filled out your forms on line, you have paperless check in. If not, remember to bring health and permission forms and medications with you.

Daily Sign-In and Sign-Out

- Each child is signed in and out each day. For the safety of the children, those transporting children to and/or from day camp are asked to come in person to the sign-in, sign-out location each day.
- Campers are signed in each day (Monday-Friday) at 9:45 AM and signed out each day (Monday-Thursday) at 4:45 PM. Friday's procedures are outlined below.
- **Sunday activities** are from 2:45 pm to 6:30 pm.
- **Parents/Guardians or a parent-designated person must sign the camper out.** Campers will not be released to individuals other than the person(s) designated on the sign-in form without prior notice.

If you will need to arrive earlier or later for check-in or check-out, please make special arrangements with the Wanake office at least 48-hours in advance or notify Wanake staff at check-in or check-out. Please call if your child will not be in attendance.

Parent Program and Friday Check-Out

- Closing Horse Show takes place at the Ranch on Fridays from 3:00-4:00 PM.
- Closing program at Main Camp takes place Friday from 4:30-5:30PM. All parents are invited but it is not required as Horse Day Campers do not usually participate in it.
- **Parents/Guardians or a parent-designated person must sign the camper out.**
- **Wagon tours of camp** will be available directly following the program (5:30PM) and the **Camp Store** will be open as well.
- **On Fridays an optional family pizza party** is served from 5:25 until 6:30 PM. Reservations are required and may be made and paid for at check-in. The charge is \$6 for adults & \$4 for children, ages 4 -18. **Campers eat free!**

A Note About Insect Repellent and Mosquitoes

All insect repellent is not created equal! Purchase insect repellent that has deet content and does not smell "fruity or flowery." We find that good smelling repellent attracts rather than repels! Bounce dryer sheets work well keeping mosquitoes at bay! Try drying clothing coming to camp in Bounce and placing dryer sheets in your camper's luggage. Repellents do not have like effects on each person, so Wanake has alternative options available for campers at no charge. Know that Wanake takes many steps, including work with a naturalist and community, county and state agencies, to alleviate mosquitoes from the area, but the best protection for your child is to use repellent.

* = More information is located later in this document, read on.

Health Care and Special Diets at Camp

- Campers may only attend with a completed, signed health form.
- Health care is provided through the health director and all staff have training in their health care responsibilities.
- A parent/guardian will be contacted when the Health Director determines that a camper requires treatment outside the camp's Health Center. The camp will attempt to contact a parent/guardian prior to transporting campers but will not delay urgent care if a parent/guardian cannot be reached. A parent/guardian will receive notification if their camper receives any injuries or contracts any illnesses which may require further treatment/follow-up care after camp.
- At check-in all medications (prescription & non-prescription) will be collected by the Health Staff. **All** medication, whether prescription or over-the-counter, must be in the **original** containers labeled with camper's name. All medications are kept locked in the Health Center or in a medical lock box and are secured by staff. The Health Director monitors campers to make sure medications are taken as prescribed and that health care needs are met.
- **Please notify Wanake at least three (3) weeks prior to your camper's event if your camper has special medical and/or special dietary needs. This will give Wanake staff time to prepare.**

- **All medication**, whether prescription or over-the-counter including vitamins), must be in **original** containers labeled with camper's name.
- **All medication** is kept & administered by medical staff.

Get Acquainted and Parent-Staff Information Form

- If you registered online you have already completed these forms. Thank you! If you registered by mail you can still go into the online system and fill out the camper get acquainted and parent-staff information form.
- If you have received this by US mail, please take a few minutes to read and fill out the enclosed forms about your camper and send them to Wanake *prior* to your child's arrival at camp.
- If you are more comfortable sharing information by phone or in person, please contact Julie Lutt or Kari Miller at Wanake.

The Trading Post (Camp Store) and Money

- The Wanake Trading Post sells a variety of items: t-shirts, sweatshirts, postcards, water bottles, stamps, and other souvenir items.
- The Trading Post will be open at Friday check-out and upon request.

Mission Project 2016: Planting Seeds of Fruitfulness

Last year campers raised \$659 for The Rice Bucket Challenge in West Africa. This equals nine (9) Rice Buckets. Super work! In honor of Wanake's 70th year in 2016 and fruit of the Spirit Bible study "God Plants His Fruit in Us," we will partner with ministries to plant seeds of hope and fruitfulness.

- Farmer to Farmer ministry in Liberia, Africa - Farmers plant seeds leading to fruitful harvests, which support other ministries in the Liberian community: clinics, schools, churches, & a sewing project.
- United Methodist ministries in East Ohio and UMCOR (United Methodist Committee on Relief) to plant seeds of hope through canned fruit and health and school kits. Canned fruit for United Methodist food pantries: Canton Calvary Mission and Steubenville Urban Mission. UMCORE health kits provide basic necessities to people who have been forced to leave their homes. A school kit may be child's only educational resources.
- Campers are encouraged to make monetary donations or bring the following items to camp: canned fruit, washcloth, 8" comb, metal nail file, nail clippers, 3oz or larger bath soap (not Ivory) in original packaging, adult toothbrush in original packaging, BandAids, blunt scissors, spiral notebook, loose leaf paper (150 sheet package), hand held pencil sharpener, 30 centimeter ruler, unsharpened pencils, 2 inch eraser, 24 count boxes of crayons.

Visit Wanake and See Camper Living Spaces

- Saturdays, April 2 (plus Egg Hunt) & May 14, 2016 (S'more Day)
- Visit any time. Contact the Wanake office by phone or e-mail.
- Visit Wanake on the web for photos and more information.

Who Will Care for My Camper?

- Staff members, paid and volunteer, are carefully screened and selected, benefit from training, and are led by a year-round staff with 50+ years of camp & retreat ministry experience. The staff is comprised of college students, adults of all ages, and junior staff assistants ages 15-17 with close supervision.

My Child is at Camp: What should I do?

- Pray for your child and their experience at Wanake.
- Please **don't phone** your child as contact with home tends to heighten adjustment problems. If there is an **emergency**, your message will be conveyed through the Director or Assistant Director. Likewise, staff will contact a parent/guardian if there is an emergency or particular concern about the camper.
- **Visits.** Parents, family and friends are welcome to visit the site on the **first** and **last** days of camp.

Homesickness — is a real part of the adjustment some children make in being away from home and family. **We are sensitive to homesick campers and "camper sick" parents, and work hard to support families through the adjustment.** As camping and youth development professionals, we want your child to develop independence in a healthy and safe way. Working together we can make your camper's experience a successful one.

- Encourage your camper by sharing with them how much fun their week of day camp will be. Tell them how proud you are of them for taking this step. Share with them that their counselor and camp director are here to help them have fun, make new friends, and grow in their faith. Encourage them to discuss their feelings with the camp staff, if they are feeling scared, homesick, or bad in any way. Tell them, you are looking forward to seeing them at check out each day.
- Studies have shown that campers who practice being away from home before attending camp experience fewer or less dramatic symptoms.
- Let your camper know that we are unable to allow campers to call home. Please don't tell a camper "if you want to come home, call me and I'll come and get you." This negative empowerment teaches children to run from problems. We call parents when homesickness or any other factor becomes a concern.

Bibles are provided for any camper who does not have one. Contact Wanake to have one at check in for your camper.

Donate-Wanake's Bible & Campership Funds

- Wanake supplies a Bible to every camper who needs one. You can assist Wanake in sharing the Good News through this fund.
- Wanake believes in the camp experience and seeks to offer this experience to young people whose families can not financially afford the experience. You can support the effort to get every kid to camp through the campership fund.

Wanake is more than a summer camp!

Wanake is a Year-Round Retreat Center

Check out opportunities all year for adults, families, & children on the web, or plan your own event at Wanake.

CONTACT US

Julie Lutt, Director;
Emily Cook, Guest Services Manager
Kari Miller, Summer Program Director

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On the web at www.CampWanake.org