



## SUMMER CAMP PARTICIPANT INFORMATION



**Time to Pack the Bags!** It is best to label everything (socks & underwear too!) with camper name! Additional items for some programs are listed on the back page or will be mailed later.\*

### Camper Equipment list for five night stay

Water bottle	Day backpack/Book bag
Socks (9 pair)	Waterproof boots
Underwear (daily change)	Shoes/Sneakers/Boots (2 Pair)
Long pants (2-3 pair)	Swimsuits (one piece)*
Shorts (2-3 pair)	Pajamas
Shirts (daily change +1 or 2)	Hat/Sun visor
Sweater/Sweatshirt (1 or 2)	Rain gear (poncho or rain coat)
Warm jacket	Slippers for use in sleeping space

**Remember camp is a place for exploring and playing hard. Campers should be able to get wet and dirty without undue concern for clothing. Old clothes are the best option.**

Laundry bag labeled with child's name	Bible* camp has for campers without
Sleeping bag (or 3 blankets)	Health & Permission Forms*
Extra blanket (for cool nights)	Medications* in original containers
Sheets-fitted for mattress/flat for hot nights	Flashlight/Fresh batteries
Pillow & pillowcase	Pencils/Pen/Notebook
Towels (2)/Washcloth	Sunscreen
Soap & soapbox	Insect repellent*
Toothbrush/Toothpaste	Book for rest time
Shampoo	Brush/Comb
Pre-addressed, stamped envelopes	Stationery/Stamps
An outfit (including footwear) that can get REALLY MESSY/MUDDY	

Alumni campers: **Your Wanake Nametag & Pins from a prior year**

### Optional

Camera/film	Sunglasses	Items for the Mission Project*
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\* = More information is located later in this document, read on.

**Wanake and the Wanake staff are not responsible for the loss or destruction of campers' personal property/vehicles/sports equipment/ animals. Please do not send valuable items with campers to camp.**

<b>Leave at Home</b>	Cell phone/Valuables
Ipod/MP3/Ipad	Hair dryers/Curling irons
Expensive clothing/Bikini	Vehicles/Animals
Video games/Electronic devices	Weapons/Fireworks
Tobacco/Drugs/Alcohol products	Food/Candy/Snacks
<b>Other items which detract from your full participation in camp</b>	

**For All Programs that include a pony or horse ride, or horse activities/lessons—Bring these Additional Items:**

- Heeled boot or shoe made of thick materials with a smooth sole. The heel must be at least a 1/4 inch high.—If you do not already have a heeled boot or shoe that matches this description, check a local thrift store or try a boy's dress shoe.
- Long pants and short sleeved shirt to wear when riding for protection
- Activity Participation Agreement (See right column for details.) ⇔
- Optional: Your own Horse Riding Helmet. (Wanake supplies helmets.)

**Bibles** are provided for any camper who does not have one. Contact the Wanake office to have one at check in for your camper.

**Dress Code:** We ask that all clothing be modest & free of mottos, sayings, or advertisements that conflict with a spirit of Christian community (offensive language, drug promotion, sexual innuendo, etc.). All clothing should cover one's underclothing completely and be of a proper fit for active wear. Swim trunks are required for males & one piece swimsuits (tankinis are fine) for females. Your cooperation will aid in a successful week.

**A Note About Insect Repellent and Mosquitoes—**All insect repellent is not created equal! Purchase insect repellent that has deet content and does not smell "fruity or flowery." We find that good smelling repellent attracts rather than repels! Bounce dryer sheets work well to keep mosquitoes away! Try drying clothing coming to camp in Bounce and placing dryer sheets in your camper's luggage. Repellents do not have like effects on each person, so Wanake has other options available for campers at no charge. Know that Wanake takes many steps, including work with community, county and state agencies, to alleviate mosquitoes but the best protection for your child is to use repellent.

### Check-In Days and Times

- Check-in for campers living at The Wanake Ranch, The Survival Cabin or The Rock Lodge, Compact campers, and all campers in grades 7-12 living anywhere at Wanake is on **Sunday at 3PM.**
- Check-in for campers in grades 1-6 living in cabins or retreat centers is on **Sunday at 3:30PM.**
- Discovery Camp checks in on **Wednesdays at 3PM.**
- Overnight Explorer campers check in on **Thursday at 9:30AM.**
- Princess & Pony campers check in on **Tuesday at 3PM.**
- At check-in, you sign campers in, register for Friday's meal, & go through health screening and lice check.
- All check-in takes place in and near the Dining Hall.

**If you bring multiple campers with different check in times, we will check everyone in at the same time. ☺**

### Closing Parent Program and Check-Out

- Closing program for all campers, their families and friends, takes place **Fridays from 4:30-5:30PM.**
- Closing Horse Show for the following programs takes place at the Ranch **Fridays from 3:00-4:00 PM:** Horse Lovers, Ranch Camp, Saddle Up, Splash & Saddle, Princess & Pony, & Horse Day Camp.
- Compact programs take place on **Tuesdays at 4:30PM.**
- Just Horsing Around horse show is held at the Wanake Ranch on **Wednesday at 4:30PM.**
- Let's Do A Musical and Showtime will have a special performance before the Closing Program. Please arrive by **3PM on Friday** to see the show on stage in the Inpost Barn Chapel.
- **Parents/Guardians or a parent-designated person must sign the camper out.** Campers will not be released to individuals other than the person(s) designated on the check-in form without prior notice by parent/guardian.
- **Wagon tours of camp** will be available directly following each parent program throughout the week. The **Wanake camp store** will also be open at this time.
- **On Fridays an optional Family Celebration Pizza Party** directly follows the closing program. Reservations are required and may be made and paid for at check-in. The charge is \$6 for adults & \$4 for children, ages 4 -18. **Campers eat free!**

**If you will need to arrive earlier or later for check-in or check-out, please make special arrangements with the Wanake office at least 48-hours in advance.**

### Permission Forms

- If you registered on-line, all the required forms were completed when you registered and you will enjoy paperless check in.
- If you registered any other way, you may create an on-line account, complete all the required forms and enjoy paperless check-in.
- If you wish to complete forms by paper, you may print them from the Wanake website or request them from the Wanake office.

## Health Care and Special Diets at Camp

- Campers may only attend with a completed, signed health form.
- Health care is provided through the on-site health director and all staff have training in their health care responsibilities. Staff follows Camp Doctor's standing orders for minor illness & injury, including first aid and over the counter medications.
- A parent/guardian will be contacted when the Health Director determines that a camper requires treatment outside the camp's Health Center. The camp will attempt to contact a parent/guardian prior to transporting campers but will not delay urgent care if a parent/guardian cannot be reached. A parent/guardian will receive notification if their camper receives any injuries or contracts any illnesses which may require further treatment/follow-up care after camp.
- At check-in all medications (prescription & non-prescription) will be collected by the Health Staff. All medication, whether prescription or over-the-counter, must be in the original containers labeled with camper's name. All medications are kept locked in the Health Center or a medical lock box and are administered by medical staff. The Health Director monitors campers to make sure medications are taken as prescribed and that health care needs are met.

Please notify Wanake at least three (3) weeks prior to your camper's event if your camper has special medical and/or special dietary needs. This will give Wanake staff time to prepare.

- All medication, whether prescription or over-the-counter (including vitamins), must be in original containers labeled with camper's name.
- All medication is kept & administered by medical staff.

## Get Acquainted and Parent-Staff Information Form

- If you registered online you have already completed these forms. Thank you! If you registered by mail you can still go into the online system and fill out the camper get acquainted and parent-staff information form.
- If you have received this by US mail, please take a few minutes to read and fill out the enclosed forms about your camper and send them to Wanake *prior* to your child's arrival at camp.
- If you are more comfortable sharing information by phone or in person, please contact Julie Lutt or Kari Miller at Wanake.

## The Wanake Camp Store and Money

- The Camp Store sells a variety of items and is open Sunday during Check-in and Friday after the closing Parent Program.
- Please note that the Camp Store will be open when parents are present.

## Specialty Camps: Additional Items to Bring

- **Items for the Wanake Craft Cabin, used or new:** bailing twine, yarn, candles, crayons, hand tools, markers, card stock, scrapbook materials, embroidery floss, paper, board/card games, etc.
- **All American Baseball:** ball glove & baseball cap, white t-shirt
- **Artist in Residence & Craft Draw Paint:** sketchbook, favorite art supplies, as desired
- **Authors & Readers Vacation:** favorite book, journal
- **Fashion Spa:** Make-up, hair dryer/curling iron, money to spend at Thrift Store, nail polish, formal dinner outfit, white t-shirt for tie dye
- **Showtime:** your instrument/music stand/music
- **Man Camp:** fishing pole and tackle box if able
- **Night Games:** Extra warm clothes for the evening/night, a red light option flashlight (if able), and anything that glows in the dark!
- **Olympics:** shin pads if able
- **Pool Pizzazz, Splash & Saddle, Wet & Wild:** extra swimsuit & towels
- **Princess & Pony, Princess Week:** fancy play dress for tea & dance
- **Ultimate Adventure:** 1 outfit that can get wet & dirty, backpack, hiking shoes, water bottle, & your own mountain bike if you prefer

### CONTACT US

Julie Lutt, Director; Emily Cook, Guest Services Manager  
Kari Miller, Summer Program Director  
330-756-2333 — [info@campwanake.org](mailto:info@campwanake.org)  
[www.campwanake.org](http://www.campwanake.org)

## My Child is at Camp: What should I do?

- Pray for your child's experience.
- Please **don't phone** your child as contact with home tends to heighten adjustment problems. If there is an **emergency**, your message will be conveyed through the Director or Summer Program Director. Likewise, staff will contact a parent/guardian if there is an emergency or particular concern about the camper.
- **Write letters.** Remember, it can take a few days for a letter to get to the site, so write letters early — even before your camper leaves home. **Wanake is happy to take letters on check-in day to be delivered later in the week!**
- **We do NOT encourage sending packages**, especially food, candy, or snacks as they attract rodents & insects.
- To send an **e-mail** to your child at camp, follow these instructions: (1) Send the e-mail to [mycamper@campwanake.org](mailto:mycamper@campwanake.org). (2) At the top of the body of the e-mail, include your camper's full name, name of their program, and day of the week you want the e-mail delivered. (3) Each camper may receive up to 5 e-mails per week. (4) E-mails sent after 12pm (noon) will be delivered the following day. Counselors pick up camper mail after lunch.
- **Visits.** Parents, family and friends are welcome to visit the site on the **first** and **last** days of the camping week.

**Homesickness** — is part of the adjustment some children make in being away from home and family. **We are sensitive to homesick campers and "camper sick" parents, and work hard to support families through the adjustment.** As camping and youth development professionals, we want your child to develop independence in a healthy, safe way. Working together we can make your camper's experience a successful one.

- Encourage your camper by sharing with them how much fun their week of camp will be. Tell them how proud you are of them for taking this step. Share with them that their counselor and camp director are here to help them have fun, make new friends, and grow in their faith. Encourage them to discuss their feelings with the camp staff, if they are feeling scared, homesick, or bad in any way. Tell them you are looking forward to seeing them at the parent program on the last day of camp.
- Studies show that campers who practice being away from home experience fewer or less dramatic symptoms. Wanake has found that bringing a favorite stuffed animal is also helpful.
- Let your camper know that we are unable to allow campers to call home. Please don't tell a camper "if you want to come home, call me and I'll come get you." This negative empowerment teaches children to run from problems. We call parents if homesickness becomes a concern.

## Mission Project 2016: Planting Seeds of Fruitfulness

Last year campers raised \$659 for The Rice Bucket Challenge in West Africa. This equals nine (9) Rice Buckets. Super work! In honor of Wanake's 70<sup>th</sup> year in 2016 and fruit of the Spirit Bible study "God Plants His Fruit in Us," we will partner with ministries to plant seeds of hope and fruitfulness.

- Farmer to Farmer ministry in Liberia, Africa - Farmers plant seeds leading to fruitful harvests, which support other ministries in the Liberian community: clinics, schools, churches, & a sewing project.
- United Methodist ministries in East Ohio and UMCOR (United Methodist Committee on Relief) to plant seeds of hope through canned fruit and health and school kits. Canned fruit for United Methodist food pantries: Canton Calvary Mission and Steubenville Urban Mission. UMCORE health kits provide basic necessities to people who have been forced to leave their homes. A school kit may be child's only educational resources.
- Campers are encouraged to make monetary donations or bring the following items to camp: canned fruit, washcloth, 8" comb, metal nail file, nail clippers, 3oz or larger bath soap (not Ivory) in original packaging, adult toothbrush in original packaging, BandAids, blunt scissors, spiral notebook, loose leaf paper (150 sheet package), hand held pencil sharpener, 30 centimeter ruler, unsharpened pencil, 2 inch eraser, 24 count boxes of crayons.

## Visit Wanake and See Camper Living Spaces

- Saturdays, April 2 & May 14, 2016 for fun events.
- Visit any time. Contact the Wanake office by phone or e-mail. Visit Wanake on the web for photos and more information.